

# The God Spot Refuge



I wonder whether, like me, you have been moved by the documentaries on the BBC about refugees. The terrible situations they flee; the fearsome struggles they go through in leaky, overcrowded dinghies or muddy, ill-equipped camps, and the determined hope with which they try again and again to get to their desired destination—sometimes meeting generosity and welcome, but more often indifference or opportunist cheating or violence.

## *What is a Refuge?*

The Bible says in Psalm 34:8, "Taste and see that the Lord is good; blessed is the one who takes refuge in him." So I've been thinking a bit about what a refuge is.

## *Somewhere safe on the way*



Google 'Refuge' and you get lots of logos for Women's Refuges. But among them are more prosaic images like this one. A Refuge is somewhere to stop and rest on your way across a road. The spiritual equivalent might be a

church service or a daily quiet time to read the Bible and pray.

## *Somewhere safe in the storms*

Can you see the person standing in the doorway? Like this lighthouse, firm against the swirling waves, you can stand safe among the storms of life. People and things may let you down, but God never will.



## *Somewhere safe when troubles come*

If you have ever broken down on a busy motorway—especially one like this where the hard shoulder gets used for traffic—you will know the value of a refuge layby. Troubles may come, but God is a 'safe place to be fixed'. We are all spiritual refugees. Take refuge in him. It's worth the trip!



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